

HEADWATERS FOOD SUMMIT

WORKING TOGETHER
TO BUILD OUR FOOD FUTURE

MONDAY, APRIL 23
HOCKLEY VALLEY RESORT

2012

On April 23rd 2012, 135 people from the Headwaters Region gathered together to develop a practical plan to bring out the best of their regional food system. The inaugural Headwaters Food Summit and Local Food Trade Fair included speakers, presentations, group discussions, and action planning which have been outlined in the **2012 Headwaters Food Summit Recommendations for Action Report**.

The result of the Headwaters Food Summit was the creation of a shared vision, values, and objectives, a scan of where activities are already happening in the Headwaters, and a set of clear priorities to move forward on in the next couple of years.

Headwaters 2012 Food Summit Partners



www.headwaterscommunities.org
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Our Vision

We envision a food system in the Headwaters that is productive, sustainable, transparent, and fair; supports the health and well-being of our residents and food providers; and contributes to a prosperous and equitable economy.

Our Objectives

- ❶ All Headwaters residents have access to—and can afford to eat—safe, nutritious and culturally acceptable food
- ❷ All Headwaters residents have the skills and knowledge to support healthy eating and make healthy food choices
- ❸ There is a diverse and sustainable food and farming system in Headwaters. The foundations of this system, including a skilled work force, informed residents, and protected land base, are maintained.
- ❹ Agriculture and food businesses are connected to each other and to the community in order to contribute to job creation and a prosperous economy
- ❺ Headwaters residents, politicians, and leaders are actively engaged in making and implementing decisions to positively impact our food and farming system

Our Motivation

A Stronger Economy & Healthier, More Connected Communities

Achieving our shared vision and objectives will lead to a stronger economy and healthier, more connected communities across Headwaters.

We need to create an environment for positive change where: good ideas are shared and supported through education and engagement; policy is improved; and greater impact is achieved by working together.

Our Values

A healthy, inclusive community where

- Ecosystems provide us with healthy food
- Residents are well nourished
- Successful food and agriculture businesses contribute to economic prosperity

Our Strengths

The Headwaters is already well on its way to building the food and farming system we envision. Some of the Headwaters Food and Farming System's strengths include:

- A diverse and vibrant farming community
- Farmers' markets
- Food access and education programs
- Chefs, restaurants, hotels and caterers that support local food
- Innovative local food businesses
- Agri-tourism initiatives
- Publications celebrating food in the region

Our Priorities for Action

Grow Awareness

- 🎯 Educate and engage people about food and farming system issues and opportunities

Expand School Programs

- 🎯 Educate and engage our youth through school-based food and farming programs

Improve Policy

- 🎯 Work together to create supportive food system policies

Facilitate Distribution

- 🎯 Enhance links between food producers and consumers to strengthen our food economy and food access

Support Culinary Tourism

- 🎯 Promote and enhance culinary and agricultural tourism

Learn More & Get Involved

Read the **2012 Headwaters Food Summit Recommendations for Action Report** at www.headwaterscommunities.org.

Email action@headwaterscommunities.ca to learn how you can become involved in this community-wide effort.